



2015

BRETAGNE 

# Press pack Great Britain

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# Contents

- 04** The jewels of the “Baie de Saint-Brieuc”
- 05** A day off-shore: La Croix lighthouse and the Château du Taureau
- 06** Family-fun: step back in time
- 08** Off the beaten tracks in central Brittany
- 10** Get active: cycling across Brittany
- 12** Get active: coastal walks and trails
- 13** Golf holiday in Brittany
- 14** Short break: Vannes and the “Golfe du Morbihan”
- 15** Short break: Dinard, Dinan and the Rance river
- 16** The foodies’ delights of Brittany
- 17** Brittany goes green: new places to stay
- 18** How to get to Brittany
- 19** Map



## Be Breizh!

Breizh is the Breton language word for Brittany. And so, “Be Breizh!” is an invitation to everyone to be transformed by Brittany. It’s a unique process; it means that everyone who steps onto Breton soil will be reinvigorated through the experience of being there. Come and give Brittany a try and you’ll go home a different person! You can find all the information you need, including news and special offers, on the Brittany Tourism website:

**[www.brittanytourism.com](http://www.brittanytourism.com)**





# Coast does Brittany

## Destination: “Baie de Saint-Brieuc”

Discover the treasures of a bay shaped by granite rocks, land, river and sea!



**With your feet firmly on the ground and your nose delighting in the sea-scented air, wake-up all your senses in the Baie de Saint-Brieuc. From the famous fishing port of Paimpol to the majestic headlands of Cap Fréhel and Cap d'Erquy, this land is steeped in the good things in life – great food, great beauty, and lots of excitement.**

You really can walk on the water here! With one of the greatest tidal range in the world, Saint-Brieuc bay reveals a foreshore teeming with life. The little ones will love gathering shellfish, while nature lovers will enjoy exploring Brittany's largest nature reserve – a unique ecosystem with 112 species of birds to be seen!

You'll be blown away by wonderful scenery under a whole range of changing lights and colours. Follow either the 'Sentier des Douaniers' – a brilliant coastal long-distance footpath offering breathtaking views over the sea, or the 'Chaos du Gouët' – a 4.5km trail embedded in the river bed, where the water gurgles through the greenery.

In Pléneuf-Val-André, Binic, Erquy and Saint-Quay-Portrieux, you can enjoy all the pleasures of the sea-side. The long, sweeping beaches of fine sand are perfect for families and great for relaxing, swimming and water sports. Take a trip out to sea on the traditional sailing boats 'Le Saint-Quay' in Saint-Quay, or 'La Pauline' in Pléneuf!

This region has one speciality that you really must try: scallops. Among the treasures fished from the sea around here, there's also sea-bass and lobster! And Saint-Brieuc is one of the towns in Brittany that boasts the greatest number of Michelin stars restaurants: the “Youpala” Bistro, “La Vieille Tour” and “Aux Pesked”.



Find out more  
[www.baiedesaintbrieuc.co.uk](http://www.baiedesaintbrieuc.co.uk)



## → Pléneuf-Val-André

**What a charming contrast between these close neighbours on the eastern Bay of St-Brieuc: the port of Dahouët hiding in its cove and the fashionable resort of Le Val-André stretching out for all to admire along a very long curving bay.**

Over a century ago, the floral, colorful and picturesque little port of Dahouët was the departure point of the schooners that set sail to Newfoundland and Iceland. The former residences of rich ship owners along Quai des Terre-Neuvas are beautiful witnesses of this epic maritime era.

This little gem with an old character is part of the 21 Breton seaside resorts that make up the Sensation Bretagne collection. Twenty-one small scale, family-friendly and un-spoilt holiday destinations that are worth seeking out.



Find out more  
[www.sensation-bretagne.com](http://www.sensation-bretagne.com)







# Coast does Brittany

## A day off-shore

### The Château du Taureau: a fearsome-looking fort



**Situated in one of the loveliest bays in Brittany, the off-shore fortress known as the 'Château du Taureau' welcomes you with open arms!**

Through a guided tour, a theatrical encounter or a singing or storytelling experience, there are thousands of ways to feel the magic of a place that was built to safeguard the Bay of Morlaix from English raiders in 1544. Exploring the Taureau is more than just another visit - this is a journey to the heart of

History itself, and a tribute to the memories of a Bay area whose natural treasures are still intact. Meander freely and explore the bunkers on the terrace area, stroll along the passageways and gaze at the drawbridge. The Château du Taureau has laid on a host of new things to do including picnic spots, historic visits and "pirates for little ones" activities.

*Adult price: €14 / Children price: €7*



Find out more  
[www.chateaudutaureau.com](http://www.chateaudutaureau.com)

### → Kayak to the La Croix lighthouse

**Are you up for an unusual kind of nautical adventure? Make sure your life-jacket is fastened and join small groups of sea kayaks and cut through the waves in the Trieux estuary.**

The stretch of water drives you to explore an awesome playground as it opens up before you, stretching all the way across to the Bréhat archipelago. This wonderful experience is one of the very few ways that you can land at the La Croix lighthouse, which, apart from Cordouan, is the only sea lighthouse open for visits. Spot the beautiful wildlife from the young birds, with their feathers all fluffed out and glide above a few oyster-beds and lobster-pots. The miniature stone fortress was constructed in 1867 and restored in 1949. Its two floors house all the secrets of lighthouses and beacons. Together with the guide's invaluable local knowledge and the stunning view across the estuary and the archipe-

lago, this all makes for a truly special excursion and an exciting way to experience Brittany.

*Brittany Experience from €34.50 per person*



Find out more  
[www.brittanytourism.com/ideas/brittany-experiences](http://www.brittanytourism.com/ideas/brittany-experiences)



## Family-fun | Step back in time

### Open the “Door of Secrets”



**At Brocéliande you enter a land of legend and share exciting adventures as you travel through its majestic forest. Historic sites, active afternoons and fun evenings: it's all magic!**

Everyone has heard of the legend of King Arthur, a fable that finds its source among the lakes and moorlands of the magnificent Brocéliande forest. The very name of the place brings to mind the magical world inhabited by Vivian the fairy, the wizard Merlin or Sir Lancelot. Housed in the old outbuildings of the Paimpont Abbey, Brocéliande's “Door of Secrets” - a unique, scenic and emotional experience - offers the opportunity to take a journey back into the history

and immerse yourself into the atmosphere of this magical destination. Pierre, the virtual forest ranger, will welcome you to this interactive exhibition, that cleverly draws you in to discover the hidden character of the Dark Forest. Against an amazing poetic backdrop, he will lead you through a fun account of the life of this mysterious forest, its magical trees, the “little people” and their beliefs. Be careful, they were known to be Alchemists... It's a wonderful introduction before you set off to explore the forest!

*Adult price: €7.5 / Children price: €4*



Find out more  
[www.portedessecrets-broceliande.com](http://www.portedessecrets-broceliande.com)

### Follow Katell into the enchanted world of the Monts d'Arrée

**‘Ribambelles et ritournelles’ invites visitors of all ages into the heart of the Monts d'Arrée woods for a walk and a story in the middle of a natural theatre.**

Katell, who is half-Welsh, half-Breton, welcomes visitors with a song in Welsh and then Fred, the giant musician, leads the way. Korrigans, the Breton elves, and other creatures come along to join this enchanted nature trail. Encouraging a sing and dance and animating the stories with animal puppets on her fingers, Katell is a real hit with visitors! You only have to look at the grin on the children's faces: it never falters, all the way from the first welcome to the delicious tea-time treat at the end of this Brittany experience; a magical musical journey you will definitely remember.

*Brittany Experience from €6 per person*



Find out more  
[www.brittanytourism.com/ideas/brittany-experiences](http://www.brittanytourism.com/ideas/brittany-experiences)







## A surprising abbey

**Recently in ruins, the 12th century abbey has risen from the ashes after 20 years of faithful restoration. Open to visitors, the Abbaye de Bon-Repos in Saint-Gelven has regained its original beauty thanks to its relationship with art and children. Throughout the year, there are educational workshops focusing on the environment, the restoration project and Cistercian history.**

### Sound and vision historic show

The abbey's most remarkable sound and light show has taken place every summer for the past 25 years. With already more than 150 000 spectators, the show has become a stage at nightfall, where you can watch the story of Central Brittany unfold, from Neolithic times to the Chouan uprising at the end of the 18th century. Imagine... thousands of costumes, props and accessories, wagons, handcarts, coaches, all created and made to enhance the sto-

ry; 350 people, 20 horses, and many farm animals, all taking part in this impressive production! This unforgettable journey through time with the story unfolding in scene after scene, all enlivened by a superb musical soundtrack and pyrotechnic effects will hold you spellbound, rich in emotion, where the unexpected awaits....

*Prices from €16 per adult / €9 per child*

### Back in the 18th century

Take a trip back and see the abbey as it was in the 18th century. Enriched by virtual reality tools, visitors can reconstruct areas of the building. The technological interaction will captivate the youngsters, as they explore the grounds using touch pads and the virtual reality helmet offering explanatory videos and audio texts.

*Price for a family of five: €13*



Find out more  
[www.bon-repos.com](http://www.bon-repos.com)

## → Staying at a manor house

**At the entrance to the chic resort of Dinard, the Manoir de la Vicomté - a superb manor building - offers a perfect setting to explore the Emerald Coast and the Mont Saint-Michel Bay.**

This worthy symbol of Dinard - a spa resort snuggled between gardens of hydrangeas and golden beaches - doesn't only feature fantastic manor accommodation. As a family, the Manoir de la Vicomté is a treat for everyone with its play and relaxation areas. It's just by the beach, and has 90 rooms, of which 36 are family rooms accommodating 3 or 4 people. As well as the covered pool, your children can enjoy the many activities and things to do that are included in the full board package. The whole family will enjoy the walks that are organised every day, and later everyone can meet up at the restaurant and for evening activities.



Find out more  
[www.familyfun-brittanytourism.com](http://www.familyfun-brittanytourism.com)







## Central Brittany

## A destination off the beaten tracks

### Brittany's largest lake – behind the scenes

**West of Mûr-de-Bretagne, a vast expanse of water was created through the construction of a hydro-electric dam, which became operational in 1930. With a length of 12 kilometres and a depth of 40 metres in places, the Guerlédan lake is the largest artificial lake in Western France.**

Dug out in the winding gorges of Blavet, the great lake of Guerlédan is usually a fresh green oasis that's a place for relaxation and outdoor activities. But more occasionally, Guerlédan reveals its hidden and mysterious face... The draining of the lake starting in mid-May 2015, and for 6 months, is a unique opportunity to explore the depths of the lake.

6 months to discover its many vestiges, canal, lock houses, and an ephemeral and unusual lunar landscape... 6 months to immerse yourself in the history of the underwater buried valley of Guerlédan.

The draining of Guerlédan lake is a time of exceptional festivities. In addition to the events taking place every year, such as special thematic trails and light and sound shows; there'll be plenty of entertainments including art exhibitions, music performances, sport activities, and guided tours to the bottom of the lake!



Find out more  
[www.lacdeguerledan.com](http://www.lacdeguerledan.com)



### → Art in the chapels

**A completely unique experience: each summer, contemporary and religious art come together with thought-provoking results.**

You might think that only water flows through Pontivy but central Brittany is overflowing with art and culture too! Each summer, contemporary art takes possession of some twenty or so chapels dotted around the Blavet valley. These gems of Brittany's rich heritage, well tucked away in the midst of the Breton countryside, offer visual artists the opportunity to create some very original site-specific work to exhibit in these chapels, most of which date back to the 15th and 16th centuries.

Recreate life in the past and visit the two living history museums nearby. The surroundings and rare species in these villages will bring enjoyment to the children while the gardens will fascinate adults, along with opportunities to get involved in bygone activities such as butter-making and weaving.



Find out more  
[www.artchapelles.com](http://www.artchapelles.com)





## Slip into the fabled world of Huelgoat

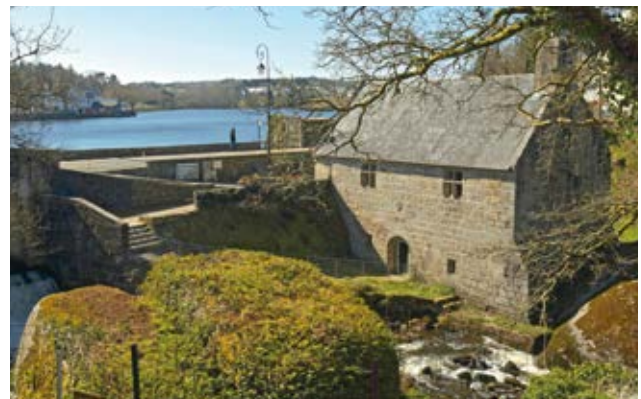
**Enter into the peaceful village of Huelgoat, where you will suddenly find yourself amidst a mass of magical mossy boulders that have stirred the Breton imagination in fabulous ways.**

Lost high in the Parc d'Armorique in central Finistère, and then descend into the Argent Valley, is where you begin your passage into the Arthurian and Christian myths as you take the slippery paths down past the beautiful 18th century watermill and arrive in an amazingly secretive, green, rock-strewn world. One rung of steps leads to the so-called 'devil's grotto' via an unnervingly narrow descent. In another spot, the indentations in the rock are said to have served as the Virgin Mary's home, use your imagination to spot Jesus's supposed cradle! If you press further into the forest of Huelgoat you will pass the Grotte d'Artus, this is where Arthur was intended to have had a bed in the woods where a hoard of treasure was hidden.



Find out more  
[www.huelgoat-carhaix-tourisme.com](http://www.huelgoat-carhaix-tourisme.com)

Come back to earth with a calming walk around the scenic lake, appreciated by fishermen, or by wandering around the village square, lined with bars and shops, as well as the church. Above the centre, at the Arborétum du Poërop, trails take you on a quick voyage around the world's continents, via the thousands of trees and shrubs planted here, in a landscape with views over the distinctive central Finistère countryside.



## Stay in a troglodite in the Arrée Mountains

**Discover a new form of unusual, original accommodation in Brittany: 4 houses built into the rock in Brittany, between Quimper and Morlaix, in the heart of the Monts d'Arrée.**

The Troglodites invite you to enjoy a "natural break" in a unique environment. Built with thorough consideration for the natural environment as all building materials are green and renewable energy resources are put in place to offer electricity. Integrated in the roof of each troglodite a skylight ensures, in addition to the glass front, an amount of natural light.

Each cottage offers an exceptional view of Mont St Michel Brasparts and its small chapel. With direct access to hiking trails, you can stroll on foot, horseback, and go mountain biking in all directions. Also offering carriage rides on these hiking trails, starting from troglodites.

All four comfortable houses of identical size can accommodate two to four people each, with one troglodite, suitable for disabled people.



Find out more  
[www.troglodites-des-monts-darree.fr](http://www.troglodites-des-monts-darree.fr)







## Get active

## Freewheeling along the green ways

### Follow the canal! from Rennes to St-Malo



**Travel the 107km from the Breton capital, Rennes, to the corsair city of St-Malo in perfect tranquillity as you follow the green way along the Ile-et-Rance canal.**

Often set out along former railway lines, towpaths or forest tracks, green ways are paths laid out for and reserved to non-motorized traffic, including not just cyclists but also walkers, roller-bladers and people with reduced mobility.

From Saint-Malo, you'll cycle across bucolic inland Brittany to the lively town of Rennes – this gentle adventure takes you through iconic Breton sites. Stop off at Hédé's 11 locks, in medieval Dinan and in the chic seaside resort of Dinard with its perfectly preserved elegance. Easy, carefree pedalling through lush, green countryside that can be done all in one day, little by little or just a taster.

### Watch this space: the 2015 Tour de France is on its way!

**The Tour de France will be travelling through Brittany again**

This time, the Tour de France will be visiting Fougères, Rennes, Mûr-de-Bretagne and Vannes from the 10th to the 12th of July. Rennes will host the departure of the 8th stage of the tour – a great opportunity to enjoy a short break in the lively Breton capital!



Find out more  
[www.letour.fr](http://www.letour.fr)



### → Cycle round the salt marshes with Gwen

**Adjust your saddles to the right height and begin this peaceful, sociable journey that takes you up close to the wonderful world of the salt marshes on the Rhuys peninsula.**

Gwen's true nature-lover, and her cheerful mood is sure to make your cycle tour even more enjoyable. Cycling is a different approach to exploring the coast. With exquisite views of the wildlife from sheep to birds and a range of vegetation amongst many more that coexist happily in this tranquil habitat.

Heading towards the shores of the Gulf of Morbihan, a gentle slope will bring you onto a grassy terrain. The 'mulons' – heaps of harvested salt present a brilliant sight as they sparkle in the Gulf sunlight. Afterward, the scenery changes: slipways, water, houses, pine trees and boats. Remaining on dry land you can admire a tide mill and as you go past St-Armel, there's the option of stopping off at the market (if it's the right day!) or at a pavement café for a drink.

This all makes for the perfect active day whilst visiting Brittany's fantastic countryside.

*Brittany Experience from €23 per person.*



Find out more  
[www.brittanytourism.com/ideas/brittany-experiences](http://www.brittanytourism.com/ideas/brittany-experiences)





# Get active The Tour de Manche

## From England to France

Enjoy cycling and discovering new routes? Why not take a ride and navigate through some of the most breath-taking scenery that France and England has to offer. Savour unspoilt countryside, remarkable coastlines, bustling market towns, picturesque villages, ancient ruins and momentous buildings as you make your way through South West England, Normandy and Brittany.

Linking the legendary Mont-Saint-Michel with the cliffs of Southern England's Jurassic Coast, the Tour de Manche bike route offers a unique circular trail comprising more than 1,200 kilometres of minor roads and green ways, clearly signposted and dotted with accommodation that makes special provision for cycle tourists. To complete the package and link Southern England to Normandy and Brittany, each day ferries in six ports on both sides of the Channel take bicycles on board. So you can add all the pleasures of a cruise to those of a cycle tour!

From the celebrated Corfe Castle to the Normandy landings beaches, via Saint-Malo or the Pink Granite Coast, the Tour de Manche offers both long-distance cycling holidays and family days out. Its dedicated website shows the entire route divided into sections, together with lots of practical advice about accommodation, ferries, French traffic and local visitor attractions.

 Find out more  
[www.tourdemanche.com](http://www.tourdemanche.com)

## New publication

### The Tour de Manche Cycle Route Guide in English

An indispensable tool for cyclists tempted by the Tour de Manche, this new guide, edited by Roy & Jacqui, includes all the practical information you need to ride the Tour de Manche, from Plymouth to Poole.

## Tour de Manche and Petit Tour de Manche cycling routes



## → Velek'tro: around Brittany on an electric bike

If you don't quite feel up to tackling the Tour de France, you can always enjoy visiting northern Brittany's Côte de Granit Rose (Pink Granite Coast) in comfort – on an electrically assisted bike!

For just €5 half a day (€10 per day, €40 per week), you can cycle through Trébeurden and Perros-Guirec to your heart's content, before getting your feet back on the ground in Ploumanac'h and taking a stroll along the Sentier des Douaniers coastal path (the Custom Officer's Footpath), where you will see the legendary pink rock formations with their curious names – 'Napoleon's Hat', 'the Witch', and even 'the Bottle'!

 Find out more  
[en.bretagne-cotedegranitrose.com](http://en.bretagne-cotedegranitrose.com)





## Get active | Coastal walks and trails



### A succession of postcards

**Awaken all the senses and open your eyes to the sights that would otherwise go unnoticed with an invigorating walking holiday in Brittany; get back to nature and soak up the sounds and smells at your own pace as the trails guide you along the coast through Brittany's unspoilt nature.**

The Grande Randonnée (GR) long-distance trails cross Brittany from north to south and east to west. The GR® 34 - or "customs trail" - runs on more than 1,800km all round Brittany's coastline, constantly offering stunning seaviews! Established in 1791, the footpath allowed guards to roam the coast to prevent smuggling. Fallen into disuse in the early 20th century, this trail is experiencing a second life since 1968.

Surveying the GR® 34 is one of the best ways to capture the spirit of Brittany, feeling the refreshing breath of the great wide as you follow the marked white and red lines passing the Bay of Mont Saint-Michel, Emerald and Pink Granit coast, the Abers of the tip of Finistère, Crozon peninsula, coast of Breton Cornwall and Pointe du Raz, southern Finistère and the "Golfe du Morbihan". This is definitely one of the most iconic GR trails! Rocky points, wild coastlines, marshes, dunes, beaches, coves, wildlife and various flora, at every turn a new postcard is offered to you.

Individually, in a couple, with the family or a group of friends, the GR® 34 offers both long-distance hiking holidays and family days out.



Book hiking holidays  
[www.sentiersmaritimes.com](http://www.sentiersmaritimes.com)

### ➔ The Mont Saint-Michel Marathon 31 May 2015

**5000 runners from over 30 different nations have prepared mentally and physically for months to take part in this magical event, in a fantastic environment: the Mont Saint-Michel Bay, between Cancale and the foot of the Mount, a UNESCO world heritage site.**

You can recognise the runners by the enthusiastic strides and their focused expressions. It's a race against the clock – or rather, against the sea. As May runs its course, sea gradually swallows up the stirring sands that surround it, and every day, at the significant hour: the sea rises inexorably and for the runners it becomes a response to the challenge of the waves. The marathon starts with a wonderful run along the seafront of the Bay going through (among other interesting spots) Le Vivier-sur-Mer, a multi-cultural area and Cherrueix which is famous for its sand-yachting races before approaching the Mount. Sign up and participate or join the buzzing atmosphere as people roar words of encouragement.



Find out more  
[www.montsaintmichel-marathon.com](http://www.montsaintmichel-marathon.com)





# Golf holiday in Brittany

## Why choose Brittany for your golfing break?



**There are lots of reasons why! Carefully designed courses suitable for all levels can be found across the region nestled among spectacular scenery. Uncrowded greens, inexpensive fees and easy access combine to make the region a natural choice. The lure of a warm welcome and fine gastronomy should seal the deal.**

Brittany's courses give the golfer a unique experience – and some unforgettable holes. Whether it's the 11th at Pléneuf-Val-André or the 6th at Dinard, there are certain holes that will stay with you and make your golfing break one to remember. The courses are shaped by the local landscape and so expect all the challenges along with the most of the spectacular natural surroundings.



Find out more  
[www.golf-brittanytourism.com](http://www.golf-brittanytourism.com)

Golf in Brittany is first and foremost about enjoying the game – and we all know that the game isn't over until the 19th hole has been played. The Bretons' renowned hospitality extends to the clubhouses with a post-round debrief over a Breton-brewed beer and selected golf courses offer spa treatments or a pool to help you wind down. The atmosphere is relaxed and Brittany's clubhouses are open to all. All that golf works up an appetite and you certainly won't go hungry in Brittany. The Bretons take their food very seriously and you'll be spoilt for choice whether you eat at the golf club or venture further afield.

## → Golf and Spa at the “Roi Arthur”

**A hotel with a difference for a varied holiday, keeping in shape and playing golf on the shores of a beautiful natural lake.**

On the edge of the Lac au Duc and Ploërmel golf course (9 holes - par 36), practise your skill at golf or enjoy nautical activities, before relaxing in a haven of peace in the comfortable, elegant bedrooms, apartments and lounges of the Roi Arthur Hotel & Spa. Sampling the inventive, regional cuisine at the hotel restaurant is a must. And the cuisine served at the golf course pub or in the Val sans Retour ('Valley of no Return') nearby are good options too.

From the hotel, the Hortensias Trail, unique in France, featuring many varieties of Brittany's sym-

bolic plant, the hydrangea, takes you on a walk round the Lac au Duc. After a day of gentle exercise, revitalise your body and lift your spirits with face and body treatments (for men too!) at the spa and beauty center.



Find out more  
[www.hotelroiarthur.com](http://www.hotelroiarthur.com)





## A few days away

## Vannes and the “Golfe du Morbihan”

### One of Brittany's iconic holiday destinations

**In the temperate south of Brittany, the Gulf of Morbihan has been described as one of the most beautiful bays in the world. From Locmariaquer and its ancient stones in the west, taking in the walled town of Vannes, on to the Rhuys Peninsula in the east, the gulf has something for all tastes.**

The lovely walled town of Vannes is a must on any visit to Morbihan. Take a walk around the narrow, cobbled streets of the old town through the medieval gates. Pass the cathedral, set in the midst of half-timbered houses, and continue your walk along the ramparts that overlook large French-style gardens, before settling down for lunch at a café alongside the attractive marina. Prefer lazing on the beach? Hop on the bus which will take you to the little Conleau Beach in 17 minutes. The people of Vannes rate its sea-water swimming-pool, especially since the water is warmed by the sun. In the evening, go out and enjoy the bars and restaurants in the lively Saint-Patern district or the harbour's left bank.

To make the most of your stay in the gulf, sail to one of its idyllic islands; there are around 42. Many are owned by celebrities but the two largest, Île aux Moines and Île d'Arz are favourite tourist destinations in summer. The cross-shaped Île aux Moines offers scenic walks around its 4 miles (7km) coast, while Arz has lovely creeks and coves to enjoy a dip.



### Jazz in Vannes

27 July-1 August 2015

**For the past 30 years, the largely open-air 'Jazz à Vannes' has been the pre-eminent jazz festival in Brittany, attracting the biggest names from around the world to Vannes.**

The main site for concerts is the lovely, leafy Jardin de Limur, but also in the Auditorium de Carmes and even in the street, and the free opening night is down by the port. Recently, Jazz à Vannes has

boasted the likes of Didier Lockwood, Archie Shepp, Buena Vista Social Club, Diana Krall, Michael Petruciani and Gilberto Gil – a list that should also give some idea of the international, cross-genre scope of its bookings. One highlight of the festival every year is the series of jam sessions that allow amateurs to spar with professional musicians, and there is also a showcase of Breton jazzers.



Find out more  
[www.brittanytourism.com](http://www.brittanytourism.com)

### → La Villa Catherine, an eco-friendly villa

**Located in the east of Vannes in a large period mansion dating from 1903, La Villa Catherine offers 5 delicate guest rooms; tastefully decorated and furnished.**

In the morning, guests can enjoy a fully-organic breakfast, with home-made bread, cookies and crepes. Dinner is provided on request, and vegetarian meals are available. The Japanese sauna opens up a moment of relaxation and complete purification, all complete by a stay surrounded by a natural and environment-friendly setting designed with your well-being in mind.



Find out more  
[www.villa-catherine.net](http://www.villa-catherine.net)



# A few days away | Dinard, Dinan and the Rance river

Fly to Dinard for a short break with style



**The Rance Estuary runs north from the medieval town of Dinan into the English Channel between the chic seaside resort of Dinard, passing a number of lovely villages and displaying areas of beautiful scenery.**

Bracing coastal walks and spectacular scenery, the seaside resort of Dinard is all about the glamour of yesteryear with glorious villas, beautiful beaches and excellent restaurants. Aristocratic Brits discovered the delights of Dinard in the 19th century. Grandiose villas were built to house this affluent, fun-loving clientele and it has been a favourite across the Channel ever since.



Find out more  
[www.dinardtourisme.com](http://www.dinardtourisme.com)

Heading inland, the medieval town of Dinan is a jewel. Its perfectly preserved cobbled streets filled with art galleries and craft shops, half-timbered houses and colossal walls transport you back in time – and offer plenty of shopping opportunities too! The most attractive part of Dinan is arguably its port. The quay is lined with old stone houses, many of which are now waterside restaurants and chandlers' shops. To get your bearings, climb the 158 steps to the top of the 40m (132ft)-high Tour de l'Horloge for wonderful views over Dinan and the surrounding area – you can see as far as Mont St Michel on a clear day!

## → Festival du Film Britannique October 2015

**The British Film Festival is held every October and has quietly gathered pace to become an important fixture on the festival calendar.**

Some of the most renowned films have received awards in Dinard, subsequently conquering the European market including, Billy Elliot, The Full Monty and Girl with a Pearl Earring. Every autumn, film enthusiasts can appreciate original, fresh independent films and up-and-coming films that have achieved success. Dinard is an important stage for any British film, and a very charming stopover for any cinema lovers. Five days, five screening venues and the perfect schedule- You are guaranteed to not miss a

film, offering plenty of time to take a trip back to the 19th century and explore Brittany's stunning coastline and beautiful beaches.



Find out more  
[www.festivaldufilm-dinard.com](http://www.festivaldufilm-dinard.com)



# Glorious food | A taste of Brittany

## Fête de la Coquille Saint-Jacques

18-19 April 2015

**The ports of Saint-Quay-Portrieux, Loguivy-de-la-mer and Erquy are all renowned for their scallops, and so it falls to them, every year on the last week-end in April, to organise a festival in honour of their queen of the seas.**



There are fishing-trips, concerts, street theatre and tastings. It's a date not to be missed, a chance to celebrate the end of the scallop-fishing season with the fishermen who harvest them.

Three days of scallop-focused feasting... that has to be a must! Scallops are considered to be one of the finest shellfish and the local variety is the jewel in the Bay of Saint-Brieuc's crown. Harvesting them is a real race against the clock! The open season runs from October to May and, in order to safeguard the species, fishing for scallops is only permitted for 45 minutes twice a week. The Coquilles Saint-Jacques festival is a lively celebration to mark the end of this intense season, before awaiting the opening of the new fishing season... the following October!



Find out more  
[www.erquy-tourisme.com](http://www.erquy-tourisme.com)

## From crêpes to crustaceans, savour the foodies' delights of Brittany

**You will be spoilt for choice when it comes to eating in Brittany.**

Crêpes and galettes are served oozing with every imaginable sweet or savoury filling while sky-high seafood platters combine oysters from Cancale, mussels from the Baie de Mont Saint-Michel, scallops from St-Brieuc and lobster off the Finistère coast. Look out for the sweet, buttery delight that is kouign amann or shortbread-like biscuits called galettes. Salted butter caramel is another Brittany special – get it home-made on a crepe, in a jar ready to spread on whatever you have to hand or wrapped up as a sweetie.



Find out more  
[www.brittanytourism.com](http://www.brittanytourism.com)

## Corsair cuisine aboard the An Durznel

**Sailing and exotic flavours, with Jérôme and Emmanuel in Cancale Bay.**

Jérôme is an epicurian as well as a sailor and Emmanuel is a long-haul cook on the Spice Route, formerly first mate to the three Michelin starred chef, Olivier Roellinger. Their meeting sparked a brilliant idea, which was to combine gastronomy and traditional sailing on board the An Durznel. Now, in the calm of the summer, they will treat you to their corsair menu as you sail around the beautiful Cancale Bay – a really delicious experience.

After a short trip in a Zodiac, visitors climb aboard the An Durznel (Breton for 'the turtle dove'), which owes its name to the way its sails spread out like the wings of a bird. Now a heritage sailing-boat, complete with open-air galley and sea-borne restaurant, the lugger allows guests to enjoy a bit of sea-fishing along with the experience of sailing an old-style sailing-ship, interspersed with tasting corsair cuisine. Between manoeuvres, guests can indulge in Emmanuel's oysters sprinkled with peppers from all over the world, followed by freshly caught and barbecued lobster and mackerel... A marine experience that wakes up all your senses – you really should try it!

*Brittany Experience from €124 per person.*



Find out more  
[www.brittanytourism.com/ideas/brittany-experiences](http://www.brittanytourism.com/ideas/brittany-experiences)

The andouille de Gueméné is another Breton speciality – a strong flavoured chitterling sausage that can be served in all sorts of guises. Another Breton tradition is the galette-saucisse: a Breton sausage wrapped in a piping hot savoury pancake – yum!





# Brittany goes green

## New places to stay

### A l'Îlot Carton

Belle-Ile-en-Mer

**Located in the small village of Borvran, on the island of Belle-Ile, and 10 minutes walk to Locmaria town centre, A l'Îlot Carton is a very unusual eco-friendly gîte.**

Attached to Belle-Ile and its preservation, nature enthusiasts Nicole and Alain, have been using cardboard for many years to create home furnitures. Knowing the properties of this green material, they challenged themselves in a unique project: build an eco-friendly house... made from cardboard! This surprising house, now a cosy gîte, is an invitation to dive into a world that awakes your imagination.



Find out more  
[www.alilotcarton.fr](http://www.alilotcarton.fr)



### Ile Flottante

Canal d'Ile et Rance

**The "toutes cabanées" used to be part of the French River Heritage before disappearing a hundred years ago.**

Inspired from these wooden canal boats, traditionally used on the Loire for fishing and transporting goods, a new concept of eco-friendly accommodation has been set up. From the banks of the Vienne, two toutes cabanées went up through the Loire and the Erdre to the Nantes-Brest canal in Brittany before reaching their home port on the Canal d'Ile et Rance.

Moored on the Petite Madeleine, close to Hédé's exceptional site of 11 locks and nestled in a preserved environment, the Ile Flottante is a must for nature and outdoor activities lovers. Enjoy a stay that is out of the ordinary in a Toue Cabanée, and have delightful evenings on its small sheltered deck terrace with stunning views of the canal. Breakfasts are served either in the lock house, or on board the toutes.



Find out more  
[www.illeflottante.com](http://www.illeflottante.com)



### Ecolodge La Belle Verte

Saint-M'Hervé

**La Belle Verte is perfectly located to explore beautiful Brittany's countryside.**

Helen created a comfortable gîte (up to 6 people) in her eco-renovated house, and two bio-dynamic independent lodges with surprising architecture. Looking for the unusual, she worked with a designer to create these Breton studios, halfway between hobbit houses (half-buried) and charming cabins with a large bay window, a terrace facing south and antique furniture.



Find out more  
[www.ecolodge-labelleverte.fr](http://www.ecolodge-labelleverte.fr)



# Getting to Brittany

Easy access by plane or ferry from the UK



## By car

As soon as they arrive in the region, tourists have the benefit of Brittany's entirely toll-free dual carriageway network.



## By train

From London, visitors from Britain can get to the Gare du Nord in Paris in 2 hours 20 minutes by Eurostar. Then, to continue their journey, Brittany has an excellent rail service from Paris aboard the TGV Atlantique high speed train. From the Gare Montparnasse, it takes two hours to get to Rennes and four hours to Brest or Quimper.



Find out more  
[www.eurostar.com](http://www.eurostar.com)



Find out more  
[www.voyages-sncf.com](http://www.voyages-sncf.com)



## Direct routes from the UK to Brittany



## By ferry

From	To	Ferry operator	Find out more
Plymouth	Roscoff	Brittany Ferries	<a href="http://www.brittanyferries.com">www.brittanyferries.com</a>
Poole	St-Malo	Condor Ferries	<a href="http://www.condorferries.co.uk">www.condorferries.co.uk</a>
Portsmouth	St-Malo	Brittany Ferries	<a href="http://www.brittanyferries.com">www.brittanyferries.com</a>
Weymouth	St-Malo	Condor Ferries	<a href="http://www.condorferries.co.uk">www.condorferries.co.uk</a>



## By plane

From	To	Airline	Find out more
Birmingham	Brest	Flybe	<a href="http://www.flybe.com">www.flybe.com</a>
East Midlands	Dinard	Ryanair	<a href="http://www.ryanair.com">www.ryanair.com</a>
Exeter	Rennes	Flybe	<a href="http://www.flybe.com">www.flybe.com</a>
Guernsey	Dinard	Aurigny	<a href="http://www.aurigny.com">www.aurigny.com</a>
Leeds Bradford	Dinard	Ryanair	<a href="http://www.ryanair.com">www.ryanair.com</a>
Liverpool	Nantes	Easyjet	<a href="http://www.easyjet.com">www.easyjet.com</a>
London City	Nantes	Cityjet	<a href="http://www.cityjet.com">www.cityjet.com</a>
London City	Quimper	British Airways	<a href="http://www.ba.com">www.ba.com</a>
London Gatwick	Nantes, Brest	Easyjet	<a href="http://www.easyjet.com">www.easyjet.com</a>
London Southend	Rennes	Flybe	<a href="http://www.flybe.com">www.flybe.com</a>
London Stansted	Dinard	Ryanair	<a href="http://www.ryanair.com">www.ryanair.com</a>
Manchester	Nantes, Rennes	Flybe	<a href="http://www.flybe.com">www.flybe.com</a>
Southampton	Brest, Nantes, Rennes	Flybe	<a href="http://www.flybe.com">www.flybe.com</a>







## Legend

### Roads and access

- Rail network
- Main road
- Minor road
- Sea link
- Canal
- Lighthouse
- Airport
- TGV station
- Ferry station

### Heritage towns

- Small Town of Character
- Town of Art and History or Historic Town
- Brittany's Rural Heritage Village
- Most Beautiful Villages of France

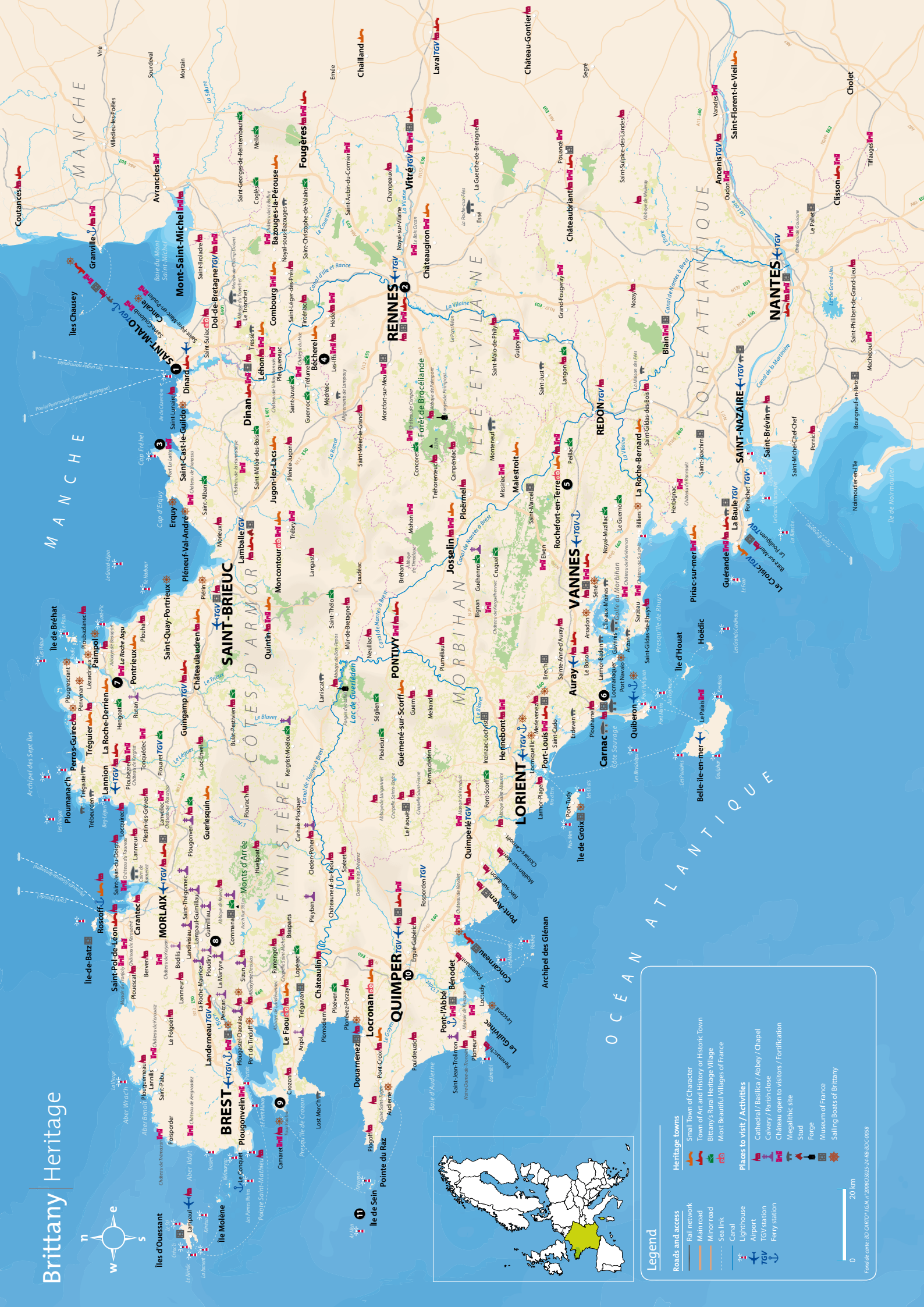
### Places to visit / Activities

- Cathedral / Basilica / Abbey / Chapel
- Calvary / Parish close
- Château open to visitors / Fortification
- Megalithic site
- Stud
- Forge
- Museum of France
- Sailing Boats of Brittany

0

20 km

Fond de carte: BD CARTEO IGN, n°20000025-24-00-BDC-0008





## Information

### Brittany tourism

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Brittany Tourism has been awarded the Green Globe Certificate for Sustainable Development.

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