

My travel memo

TRIP IDEA

Unveil the secrets of Brest bay

(Re)discover Brest, a dynamic city with the sea in its blood, and its bay, one of the largest and most beautiful in the world.

AT A GLANCE

Welcome to Brest, an urban and maritime city linked to the ocean by its bay. An immense bay that you can contemplate wherever you go during this surprising and energising break. From Recouvrance and Siam, two emblematic districts of Brest perfect for strolling around. From Albert-Loupe bridge, which spans the Elorn estuary, or, more surprising, from the first urban cable car in France. You can also visit the bay on a traditional cockling boat whose captain will tell you everything he knows about it. Spectacular stories and tales await you!

Day 1

Stroll through the different areas of Brest

Dedicate this first day to exploring Brest. For an initial overview, cross the Penfeld on Recouvrance bridge. This emblematic bridge connects two districts. Two different faces of the same town...

On the right bank, **Recouvrance** is the soul of Brest. Lose yourself in its little streets, looking for unusual details. Note, for example, the fountain adjoining La Maison de la Fontaine, one of the oldest in the town and now an artists' haven. From Tanguy Tower or the footbridge of Jardin des Explorateurs, you can enjoy a lovely view of the bay.

On the left bank, the **Siam district** is ideal for window shopping. Its main street, which is entirely pedestrianised, is lined with numerous boutiques, cafés and chocolate shops. Treat yourself to a "Pompon de Brest". This salted butter caramel sweet coated in dark chocolate is a delight!

- After a walk on Port du Château, test out a Brest institution: " Le Crabe-Marteau". It's a tool used to break the shell of crabs caught in the Iroise Sea. Bon appétit!

- Take a detour via the Maritime Museum. Nestled in the castle, it traces several centuries of naval history and offers a brilliant view of the bay.

Day 2

Set off on a traditional cockling

All aboard for a trip on Loc'h Monna, a former cockling boat in Brest bay. It's the perfect opportunity to appreciate the beauty of the scenery from another angle.

The captain, Yann, knows his traditional sailing boat by heart. He ought to, because he completely restored it himself. As you help to sail the boat, listen to the stories and tales of the boat and the bay.

All this sailing works up an appetite! For lunch, enjoy local products such as Plougastel strawberries, Ménez-Hom goat's cheese, etc.

Back on dry land, take the cable car to Les Ateliers des Capucins, a former industrial building rehabilitated into a cultural centre. The view of the town and its arsenal from the very first urban cable car in France is breath-taking!

- Food excursions on Loc'h Monna favour local and organic produce and give you the opportunity to appreciate the wealth of products from Plougastel-Daoulas, Loperhet, le Faou, etc.
- Near Les Capucins, make a detour via Rue de Saint-Malo. These are the oldest cobbled streets in Brest, with an authentic atmosphere.

Day 3

Tour of the ocean universe, without leaving the bay!

This morning, get ready to plunge into the world of the oceans. On the edge of Brest bay, Océanopolis is not your usual aquarium. Here, you can discover the wealth of the marine environment. You'll appreciate the diversity of tropical, polar, continental and Breton species. A handy hint? Watch the seals being fed and discover their particularities in the company of a scientific expert. It's a great event!

In the afternoon, gain height and stroll on Albert-Louppe bridge. From this structure given over to pedestrians and cyclists, you will dominate the entire bay. Admire also the neighbouring cable-stayed Iroise bridge. Such elegance!

Do you like walking? Then continue with a lovely walk from Passage along the Elorn. As you walk up this coastal river, you'll discover wooden dykes, salt-meadows, mudflats, bays, etc. It's another facet of Brest bay.

- At Océanopolis, don't miss the new "Arctic 2100" animation: a unique augmented reality experience that plunges you into the Arctic ocean, from 1950 to 2100.
- Do you want to see more? Head to the Crozon peninsular to discover the southern part of the bay... An idyllic spot.

WE LIKE



Stopping on one of the many terraces at the bottom of Rue de Siam, in Brest, and enjoying the view of the famous Recouvrance bridge, the Penfeld and the Ateliers des Capucins.



Boarding a traditional sailing boat and playing at sailors on Brest bay, a wonderful playground for water sports.

Prices

	From April to September
3 days / 2 nights	136,80 €* Estimated price based on themed break (per adult, based on two people)
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** The estimated price includes bed and breakfast accommodation at Hôtel Abalys, including a day trip on-board the Loch Monna with lunch, access to the cable car (the ticket is valid on the entire BIBUS network for unlimited journeys) and entrance to Océanopolis.*

Contacts and practical information

Attention: The opening days and times / availability may vary depending on the sites mentioned and depending on the selected period. Don't forget to enquire.

Day 1

Office de tourisme de Brest métropole
8 Avenue Georges Clemenceau-Place de la Liberté
29200 Brest
Phone: 02 98 44 24 96
Website: www.brest-metropole-tourisme.fr

Musée National de la Marine
Château de Brest, Boulevard de la Marine
29200 Brest
Phone: 02 98 22 12 39
Website: en.musee-marine.fr/brest

Le Crabe Marteau
8 Quai Douane
29200 Brest
Phone: 02 98 33 38 57
Website: www.crabemarteau.fr

Day 2

Loch Monna
Website: www.lochmonna.fr

Les Ateliers des Capucins Brest
25 Rue de Pontaniou
29200 Brest
Phone: 02 98 37 36 00
Website: www.brest.fr

La Fabrik 1801
25 Rue de Pontaniou
29200 Brest
Phone: 09 71 25 84 04
Website: www.fabrik1801.bzh

Day 3

Océanopolis
Port de Plaisance du Moulin Blanc
29200 Brest
Phone: 02 98 34 40 40
Website: www.oceanopolis.com/en

Accommodation suggestion

Abalys Hôtel
7 Avenue Georges Clemenceau
29200 Brest
Phone: 02 98 44 21 86
Website: www.abalys.com

Find all the addresses for your trip directly on this [personalized map](#), accessible on-line.

Discover the territory - Useful links

Brest Terres Océanes - www.brest-terres-oceanes.fr
Office de tourisme de Presqu'île de Crozon - Aulne Maritime - www.crozon-tourisme.bzh
Brittany Tourism - www.brittanytourism.com