

My travel memo

TRIP IDEA

Total immersion in Saint-Brieuc Bay

Saint-Brieuc Bay reveals its gems: a seaside town, beaches as far as the eye can see, a national stud farm, etc. Discover the pearl of the Côtes d'Armor from every which way and to the rhythm of the tides.

AT A GLANCE

Set off for a total immersion in the heart of Saint-Brieuc Bay. A holiday full of surprises awaits you! Starting with the visit of the discreet but charming town with its historic buildings and maritime districts. At the heart of the largest Nature Reserve in Brittany, watch nature and the landscapes unfold with one of the largest tidal ranges in the world. In Lamballe, you'll plunge into the particular universe of the Breton horse. Along the GR34, which is easily accessible, stride along the wonderful Penthièvre coast to round off your stay in beauty.

Day 1

Saint-Brieuc at your own pace

Put your luggage down in Saint-Brieuc and set off to discover this discreet and charming town.

Start with the old districts. Around the cathedral-fortress are sacred monuments, half-timbered houses and Renaissance mansion houses. Go through the former indoor market with its metallic structure, stroll through the pretty Place Louis-Guilloux and Place au Lin.

From the city centre, a path will take you to the gardens of Villa Rohannech via the Saint-Michel district. The view from the villa of Legué port below is breath-taking.

Wander along the quays, lined with colourful façades. Take a break on the rooftop terrace of Carré Rosengard. The former industrial wasteland has been elegantly rehabilitated.

- After all this effort, it's time for a spot of comfort: succumb to the biscuits, kouign-amman, caramel specialities and other Confibreizh from the Briec traditional biscuit factory.
- Go to the locks to watch the boats. The locks open one and a half hours before and after high tide.

Day 2

From headland to beaches

After a hearty breakfast, make sure you're wearing comfortable shoes and set off on the mythical GR34. From Cap d'Erquy, walk the 15 km to Pléneuf-Val André. You won't be disappointed!

The Penthièvre coast reveals its finest beaches here: Caroual, Saint-Pabu and Vallées are beautiful fine-sand beaches.

Take a break on Pointe de Pléneuf. Out at sea, you'll notice Verdelet island, a paradise for sea birds.

Wander through the lovely seaside resort of Val-André, admire the splendour of its 19th-century villas, and you'll then arrive at the charming Dahouët port. The sturdy shipowners' houses lined up along the quays bear witness to the maritime history of Saint-Brieuc bay.

What about getting back? Take the BreizhGo bus line No. 2 to Erquy... easy!

- You can also travel along the coast by electric bike between Cap d'Erquy and Cap Fréhel. Follow Isabelle for an escapade between the sea and the marshes.
- From Cap d'Erquy to Cap Fréhel, discover a stunning natural area that is in the process of being awarded the prestigious "Grand site de France" label.

Day 3

The bay by foot, the land by horse

Open your eyes, ears and nostrils, and set off early to breathe in the salty air of Saint-Brieuc Bay! It's ranked fifth in the world in terms of its tidal range. On the foreshore, at any time of day and in all seasons, the show is constant. To have a better understanding of this preserved environment, go to Maison de la Baie in Hillion. There are eight areas here that will take you from the top of the cliffs to the seabed.

Continue the sensory experience at "Panier lodé": from the stake to the plate, the secrets of production of the bouchot mussel will be revealed to you. Mussels and chips compulsory!

In the afternoon, take a change of scenery at the Lamballe national stud farm, the birthplace of the Breton horse. Enter the universe dedicated to draught horses and carriage horses: stables, saddlery and a collection of horse-drawn cars. After the visit, explore the surrounding moors at a trot!

- Find out about the nature outings organised by Maison de la Baie and follow a guide through the nature reserve to discover the birds, plants, shellfish, etc.
- Choose from a one-hour or full-day outing, individually or as a group, at the Lamballe Equitation horse-riding centre.

WE LIKE



Enjoying the exceptional views from the viaducts, mounds and gardens of the upper part of Saint-Brieuc.



Wandering along the GR34 on the Penthievre coast to discover the sea, pink sandstone, heathers and reeds. Spectacular!

Prices

	From February to May
3 days / 2 nights	134 €* Estimated price based on themed break (per adult, based on two people)
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**The estimated price includes bed and breakfast accommodation at Hotel Edgar (Saint-brieuc) and Hotel La Table de Jeanne (Erquy), including a nature trip with Maison de la Baie and the visit of the national stud of Lamballe.*

Contacts and practical information

Attention: The opening days and times / availability may vary depending on the sites mentioned and depending on the selected period. Don't forget to enquire.

Day 1

Biscuiterie Caramelerie Confiturerie

58 Rue Saint-Guillaume
(Magasin du centre)
22000 Saint-Brieuc
Phone: 02 96 62 34 42

Aux Pesked

59 Rue du Légué
22000 Saint-Brieuc
Phone: 02 96 33 34 65
Website: www.auxpesked.com

Day 3

Maison de la Baie

Rue de l'Étoile
22120 Hillion
Phone: 02 96 32 27 98

Le Panier Iodé

Jospinet
22400 Planguenoual
Phone: 02 96 32 74 99
Website: www.lepanieriode.com

Haras National de Lamballe

Place du Champ de Foire
22400 Lamballe
Phone: 02 96 50 06 98
Website: www.haras-lamballe.com/accueil-haras

Lamballe équitation

22400 Lamballe
Phone: 02 96 31 92 92
Website: www.lamballe-equitation.com

Accommodation suggestion

Night 1

Hôtel-restaurant Edgar 3*

15 rue Jouallan
22000 Saint-Brieuc
Phone: 02 96 60 27 27
Website: www.saint-brieuc-hotel.fr

Night 2

Hôtel de la Plage

21 Bd de la Mer
22430 Erquy
Phone: 02 96 72 30 09
Website: www.hotel-restaurant-plage-erquy.fr

Night 3

Hôtel Table de Jeanne

60 rue du port
22430 Erquy
Phone: 02 96 12 32 60
Website: www.la-table-de-jeanne.fr

Find all the addresses for your trip directly on this [personalized map](#), accessible on-line.

Discover the territory - Useful links

Office de Tourisme de Saint-Brieuc - www.baiedesaintbrieuc.co.uk
Cap d'Erquy Val André - www.capderquy-valandre.com/en
Grand site Cap Erquy-Cap Fréhel - www.grandsite-capserquyfrehel.com/en
Brittany Tourism - www.brittanytourism.com