PRESS RELEASE



PRESS CONTACT UK & IRE | 6th September 2023 Céline Badde | +44 7769 858 019 | <u>c-badde@brittanytourism.com</u>

Train Travel Urban pleasures to Ultimate Lands - From Rennes to Crozon peninsula

Travelling by train promises real immersion and plenty of emotions... without increasing your carbon footprint. Begin your journey in Rennes - Brittany's capital city - with a urban & vegetal combo, before setting off towards marine horizons.



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Day 1 and day 2 • From Rennes to Plouha cliffs

Board the Eurostar to Paris, and catch a high speed train from there to Rennes. In just 1-hour-and-thirty-minutes, you arrive at the bubbling Rennes. After a night at Mama Shelter Rennes, a new lifestyle temple who has just opened in Brittany's vibrant capital city, we embark on this train trip. Between pavement cafés at the foot of half-timbered houses, artistic exhibitions, concept stores and street art, take a shot of urban culture, with sprinkles of greenery. We have lunch at Bretone, a creperie-tea room installed in the house of the mosaicist Odorico, unless you prefer to stop at The Roof & Origines, a former maternity hospital converted into a trendy third place (climbing, yoga, slackline, bar in a former operating room).

The next stop is Guingamp, less than 1-hour ride away. We discover the city, its footbridges and river banks. Everywhere, cultural and artistic life and football fervor. We go to Be Good Inn for a healthy lunch of good fresh seasonal products. Then we stroll to the GwinZegal Art Centre, dedicated to photography, in a rehabilitated former prison. For a recreational break, head for a range of ceramics at the pottery shop Aux grès de l'eau. For fashion pieces reinventing Breton codes, we immerse ourselves in the Breizh Angel universe, in Manola boutique. For dinner, stimulate your taste buds at La Boissière, around local cuisine on its green terrace. Then we relax at the Hôtel La Demeure, an 18th century private mansion. Sidonie & Compagnie, the tea room restaurant, is also a delight. We take a BreizhGo bus to reach Plouha cliffs, the highest in Brittany, only 30 minutes from here. On the program: hidden coves, bird watching, strolls in the old port and immersion in a chapel containing terrifying frescoes.



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Day 3 and day 4 • From Landerneau to Crozon peninsula

In less than 1 hour, we arrive at Landerneau where contemporary culture rubs shoulders with half-timbered houses. We head for the Rohan bridge, one of the last inhabited bridges in Europe. After a visit to the Lafayette workshops, the new headquarters for craftsmanship, we head to the banks of the Elorn, which can be explored on foot, by bike or by canoe. Stop at the Briqueterie, a rehabilitated industrial space. Enjoy vibrant culture at the Hélène & Edouard Leclerc Fund hosting international modern art exhibitions. When it comes to food & drink, Landerneau is spoilt with two lovely new addresses: Le Jardin des Saveurs in an old mansion, or Le Bistrot du Pont, a gourmet lair. We get on board the regional TER train for a 15-min journey to Brest. Daoulas, a few kilometers further by coach this time, reveals a medieval city built on the water. We go from islet to islet between alleys, streams and stone houses. We discover La Faïencerie, a restaurant in the heart of an old pottery factory. From June to October, you can follow photographic walks leading to the listed gardens of the abbey, where a major exhibition on world art & culture is held every year. The home of a local creators (painters, ceramists ...) active all year round. We spend the night at La Maison Chicorée, which is perfect for the night, with its swimming pool, its large park and its access to the river. The next day, head back to Brest. From there, the BreizhGo network bus takes you to the Crozon peninsula, almost an hour away. The bus network serves Morgat, an ideal spot to explore sea caves by kayak, as well as Camaret-Sur-Mer, Roscanvel or Telgruc Sur-Mer to indulge in scuba diving, stand-up paddle boarding, surfing or coasteering. The cherry on the cake is a catamaran sailing trip at sunset...

How to get there?

Travel from London-St-Pancras to Paris-Gare du Nord by train with Eurostar in just over 2 hours. From Paris-Montparnasse, board one of the 16 high speed trains that travel to Rennes everyday. Within 1 hour and a half, you'll arrive in vibrant Rennes. The rest of your trip in Brittany includes regional TER trains and coaches.

Where to stay?

- <u>Mama Shelter Hotel</u> in Rennes
 From €167 / night for two people staying a double bedroom with breakfast included.
 The Magic Hall Hotel in Rennes
- From €128 / night for two people staying a double bedroom with breakfast included.
- <u>La Demeure Hotel</u> in Guingamp
- <u>La Maison Chicorée B&B</u> in Landerneau From €90 / night for two people staying in a double bedroom with breakfast included.
- L'Escale Marine Hotel in Morgat-Crozon
 From €109 /night for two people staying in a double bedroom with breakfast included.



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