


Press pack Bretagne

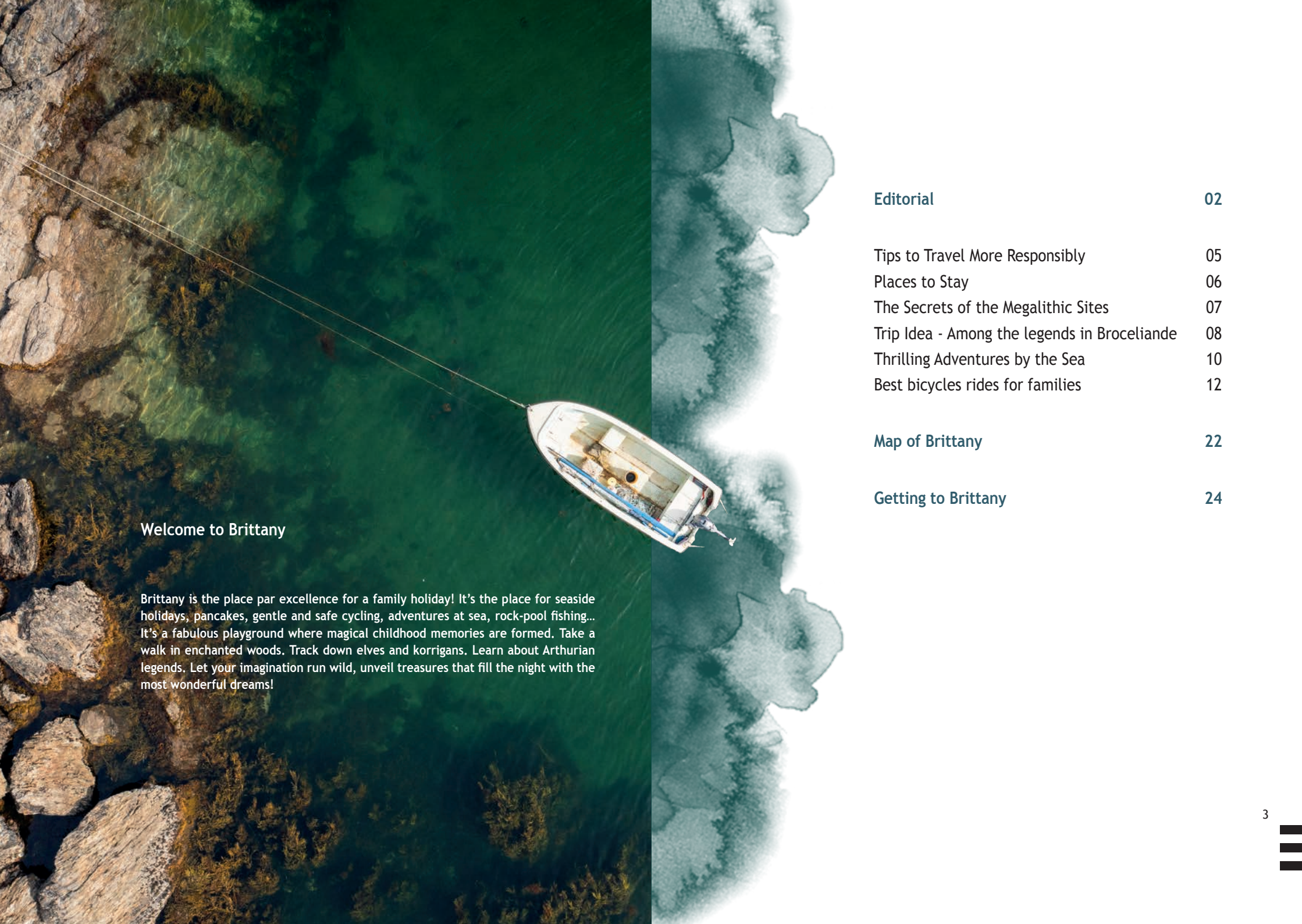
2024



Tourisme
BRETAGNE 

brittanytourism.com | 



An aerial photograph of a rocky coastline. The water is a deep, clear green, revealing the seabed and some seaweed. A small, white boat with a blue stripe is anchored in the water, its rope extending towards the top left. The rocks are grey and jagged, with some green moss or algae. The sky is a pale, hazy blue.

Welcome to Brittany

Brittany is the place par excellence for a family holiday! It's the place for seaside holidays, pancakes, gentle and safe cycling, adventures at sea, rock-pool fishing... It's a fabulous playground where magical childhood memories are formed. Take a walk in enchanted woods. Track down elves and korrigans. Learn about Arthurian legends. Let your imagination run wild, unveil treasures that fill the night with the most wonderful dreams!

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Tips to Travel More Responsibly

A trip to Brittany is a fantastic opportunity to experience a different way of travelling. Light, with no heavy schedule or carbon footprint. Proving that balancing pleasure and respect of the environment is possible.

1 Travel off peak, away from the crowds

Don't tell anybody but it is during the Spring and the Autumn seasons, when the colour palette expands, that the Pink Granite Coast truly shines. Whether you travel off-season or mid-season, focus your stay on authenticity and tranquillity. It will make it even more precious. We know that school holidays are usually very busy when it comes to travel and tourism. The good news is that the French don't have the same School Holidays as the Brits in April, and they're all at school during May half-term... meaning cheaper accommodation, less people and lots of fun!

2 Sample local specialities

Your holiday will have a unique flavour; one that you will recount on your home return. The website mangeons-local.bzh provides a list of all the Breton producers who sell directly to the public; and here it is, a little boost to the local economy! Have you ever thought about staying on a farm? You can champion a short food supply chain by staying with farmers who belong to the *Accueil Paysan* or *Bienvenue à la Ferme* networks! Meals are shared around large convivial tables. The peaceful nights end with a cracking breakfast where you will sample home-made produce. An authentic experience for your children and yourself alike! Acquiring knowledge and getting close to animals are two pre-requisites for a responsible stay.

3 Choose responsible accommodation

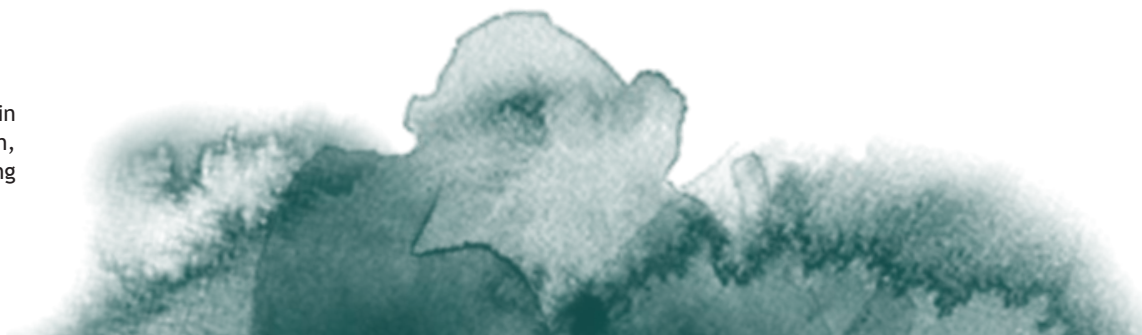
Among all the accommodation available in Brittany, some are committed to working in a more environmentally-friendly way: by reducing their water and energy consumption, by avoiding the use of pesticides in gardens, by reducing wastage and by recycling them as well of course. You can find them on our website.

4 Activate the "Brittany Formula".

Discover the joys of alternative routes! Pleasure can also be found when you step aside or go off on a tangent on holiday to allow yourself to savour the moment. Must-see locations are popular destinations: why not visit them early in the morning and have them all to yourself. Go off the beaten track. Stroll along the canals to the heart of the Brittany where hidden gems await you.

5 Leave your car behind

Why not use public transport such as train and bus to come to Brittany? Alternatively, come to Brittany by car but leave it behind once you are there. What is on offer in the region should you choose to take up the challenge! A long-distance coastal footpath popular with French hikers. A top network of cycling routes and 'green ways' reserved to non-motorised traffic. Beautiful islands where you truly escape and disconnect.



Great Places to Stay

One for Every Occasion

Best for family reunions

“La Petite Presqu’île”, Locoal-Mendon

Get together in a natural setting at La Petite Presqu’île, in the heart of Ria d’Etel. This wooden-framed ecological holiday home has four bedrooms, including one for a family, which can accommodate up to 14 people. Enjoy the peace and quiet of the garden, with its floral areas, its sun loungers and the direct access to a little beach. At low tide, the whole family can collect shellfish! Dine on the large terrace adjoining the well-equipped kitchen. In the evening, settle together on the pontoon at the bottom of the garden and marvel at the sunset!

FIND OUT MORE www.la-petite-presquile.com/en



Best for a farm stay

La Ferme de Penquelen, Scaër

Six rustic lodges, sleeping 4 to 6 guests: at Clara and Cyrille’s farm, half an hour east of Quimper, delve into the wonders of nature. What a welcome committee greets us on arrival! There’s the cows (you can watch them being milked), as well as sheep, chickens, rabbits and ducks. The whole family gets stuck in to help ... before a game of table tennis or a walk. Come nightfall, candles and oil lamps are brought out for a meal rustled up using products from the farm shop: fruit, vegetables, sausages, cider, home-made apple juice...

FIND OUT MORE www.featherdown.co.uk



Best B&B for older kids (and parents alike!)

Maison d’hôtes Le 1900, Val-Couesnon

While the parents enjoy the hot tub, the teens can watch films in the cinema, just like in a real theatre, with a row of seats and a choice of over 500 films, including Disney, comedies, adventure films, etc. At 1900, you can also enjoy moments all together playing a board game, available from the game bar. Only 30 minutes from Mont-Saint-Michel bay, this guest house proposes two pretty cottages for four people in the former stables and a shoe workshop. Take a rest in the shared garden on the garden furniture and enjoy the heated pool. It’s just what you need to relax as a family. And if your teen can’t bear to be away from their smartphone, rest assured, the Wi-Fi is also great!

FIND OUT MORE www.le1900.com/en



Unlock the secrets of the great megalithic sites

Not many people know that Morbihan in southern Brittany is home to a priceless treasure: the world’s largest concentration of megalithic sites all in one place. This heritage is surrounded by stories and legends that make visitors of all ages keen to find out more.

Carnac Megaliths

Arriving by road, you can’t miss seeing the famous fields of menhirs stretching out for 4 km, next in line to become an Unesco heritage site. These stones are perfectly aligned and were deliberately placed there sometime in the Neolithic period. The mystery surrounding their original function is fascinating. If you want to find out more, visit the discovery centre, the ‘Maison des Mégalithes’, where you’ll find exhibitions, films and interactive displays explaining the various aspects of the stones. Guided tours will help you to appreciate the complexity of the site, while children can join in role-playing activities.

FIND OUT MORE www.menhirs-carnac.fr/en



Locmariaquer, a super-size menhir

One of the stones, the great Er Grah broken menhir, is very curious. It lies on the ground in four pieces but once stood 20 metres high and weighed 300 tonnes. It’s incredible to imagine how it was transported back then, and the same goes for the other 18 monumental standing stones.

FIND OUT MORE www.site-megalithique-locmariaquer.fr

The Gavrinis tumulus

When it was erected, its position on a high point meant that it was easily seen, but today it is hidden by pine-trees and can only be accessed by boat. When you enter the site, you’ll immediately notice the beauty of the carved stelæ, the ancient gravestones. Your visit will let you step out of time, giving you a lesson in prehistory in a pastoral setting.

FIND OUT MORE <https://cairndegavrinis.com/en/home>



Trip Idea - Among the Legends in Brocéliande Forest

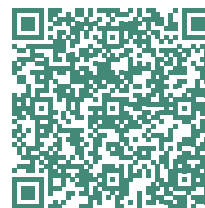
Awaken your inner child and set off to discover a forest like no other. Here, magic surrounds you... around the lakes [inhabited by fairies], on the trails dominated by ancient trees, at the bottom of the megaliths that rise up from the moors, in the woods populated with cheeky elves... And the legend of King Arthur is prevalent, with ancestral tales told by your guides.



Set your luggage down in the charming village of Paimpont and take time to absorb the peace and quiet. Set off on foot for a stroll around the lake that stretches to Notre-Dame Abbey. It's time to open the Door of Secrets! Arranged inside the abbey, this interactive and sensory exhibition space offers a surprising introduction to the history and stories of Brocéliande. Listen to the sounds of the forest, creep through the Korrigans' cave, discover the work and memories of the forest ranger and the blacksmith... The next day, set off for an electric bike ride through the forest. Or discover the Valley of No Return with a storyteller guide, from the Golden Tree to Merlin's Seat, passing through the Fairy Mirror, before reaching the Church of the Grail in Tréhorenteuc.



On the third day, get up early and go to the Centre de l'Imaginaire Arthurien (Centre of the Legend of King Arthur). Installed at Comper Castle in Concoret, on the edge of the lake of the Lady of the Lake, this exceptional site proposes exhibitions, storytelling walks, medieval shows and other surprises based on the legends of King Arthur and the Knights of the Round Table. After lunch, discover Trémelin Lake, stretching over 45 hectares, in your own way: on foot, mountain bike, horse-back, by canoe, electric bike, pedalo, etc. You can even discover it up in the trees! Before leaving, take a little tour of the beach. Excalibur, Arthur's magical sword, is embedded in a rock here. Who can resist attempting to release it? If it's raining, take shelter in Auberge des Voyageurs and play a game from among the over 800 board games available there.



On the last day, head to Bréal-sur-Monfort after a good breakfast. Take part in extraordinary sensory experiences in the Gardens of Brocéliande. Bare feet and with a mask over your eyes, your head in the misty clouds, or up in the trees, explore a variety of fun paths designed for the delight of children and adults alike. Laughter and sensations guaranteed! Then, guided by the noise of a galloping horse, take the "Forêt Brécilienne" path. The atmosphere becomes mysterious... This is the Witch's Garden, with potions and spells. Further on, you'll need to shrink down to enter the Korrigans' tree house and discover their crazy musical instruments.



Four Adventures By The Sea

Thrilling days-out to keep your teenagers entertained. Swap the screens for the wind, and explore Brittany's coastline in a fun way.



Manoeuvre a legendary fishing boat Gulf of Morbihan

Built in 1931, Le Corbeau des Mers is a lobster boat famous for playing its part in the liberation of France by responding to the Appeal of 18 June, with 27 sailors from the Ile de Sein on board. Nowadays, this spectacularly restored wooden sloop parades its large brick-hued sail around the Gulf of Morbihan. In a friendly ambiance, Eric, the skipper, will tell you the colourful story of the boat and this wonderful stretch of water dotted with islands and islets, where land meets sea to the rhythm of the tides.

FIND OUT MORE
<https://47nautik.ouiresa.fr>

WHERE TO STAY?
Le Clos du Gucquel in Plescop • www.leclosdugusquel.com

A snorkelling outing to meet the seals Groix island

You can set out to discover what's under the sea with children! With the supervision of certified instructors, children from the age of 8 can take part in undersea adventures. Equipped with wetsuits, fins, goggles and snorkels, head to Groix Island in a motor boat, from Larmor-Plage, in south Brittany. You will plunge into the clear water north of the island, at the secret beach of de Poulziorec known as 'Tahiti beach'. Observe the local flora - algae, anemones, eelgrass, sea cucumbers, etc. - with Mathieu who will answer children's many questions. In terms of wildlife, you will meet cuttlefish, sole, goby, starfish, sea urchins, shellfish and even grey seals if you're lucky! Come along with just your swimsuits and towel, the rest will be provided!

FIND OUT MORE
www.sellor-nautisme.fr

WHERE TO STAY?
Holiday cottage La Parenthèse de L'Ile • <https://chambres-hotes-ile-groix.fr>



Discover 'Coasteering' Plouha cliffs and Crozon peninsula

What's coasteering? It's a new outdoor activity to discover the Brittany coastline in an original way. You'll need a neoprene wetsuit, helmet, harness and sports shoes. Remember to wear a swimsuit too, to enjoy a swim in secluded places. You'll swim, climb, and jump 2 to 8 metres into the water, you'll discover caves and you might even come face-to-face with a seal. This activity takes place on the Crozon peninsula and on the Plouha cliffs, with certified instructors who also work to preserve the natural environment.

FIND OUT MORE
<http://dizolo-nature.fr> • <https://falaisesdarmor.bzh>

WHERE TO STAY?
Les Gîtes de Kérégal holiday cottages in Plouha • www.gites-keregal.com/en
Phila Delphia guesthouse in Plouha • <https://phila-delphia.fr/>

Glide with the wind Sand yachting in Mont-Saint-Michel bay

Make the most of a windy day! If it's coming from the North, in other words from the sea, it's even better for getting started with sand yachting with Avel, on the large Hirel beach, in Mont-Saint-Michel bay. The smooth surface of the beach makes it easier to move your vehicle! First, your instructor will tell you about the wind direction and strength, and the topography of the land. Then, hop into your car for a fun gliding session, in the dry, with just the noise of the waves in the background. Now it's time to jibe: watch out for the little acceleration, and the adrenaline rush. To turn around, face into the wind. Thrills and fresh air guaranteed!

FIND OUT MORE
www.avelchars-a-voile.com/en

WHERE TO STAY?
Demoiselle du Bord de Mer in Cancale • www.instagram.com/demoiselleduborddemer



Four Bicycle Rides for the Whole Family

Explore Brittany by bike with your merry band! For a tranquil and easy outing, use the 'green routes', which are reserved for pedestrians, cyclists, roller skaters and sometimes horses. Here are four bike rides suitable for every person in the family.

Exploring the locks of the Nantes to Brest canal From Pontivy to Saint-Gonnery (21 km)

Between Nantes and Brest, the canal flows through the valleys of several rivers, including the Oust. From Pontivy to Josselin, gear up for a nature ride for a dozen or so miles past the locks. A countryside scene awaits with grey herons and moorhens to keep you company! Read up on all the remarkable trees along your path thanks to the interpretation panels. In St-Gonnery, take a relaxing pit stop at the spacious Louarnig Park, with traditional Breton games. For a thrilling treetop adventure, pop into the tree-top adventure park opposite, where the zip line hovers above the canal!

FIND OUT MORE

bit.ly/francevelotourisme-Pontivy-Josselin

WHERE TO STAY?

La Ferme de La Cavalerie in Saint-Gonnery
bit.ly/Ferme-de-la-Cavalerie



Take on a sport challenge on Île-aux-Pies From Redon to Ile aux Pies (9 km)

Take your time, complete a family challenge, leave the car behind and hop on a bike, a canoe or simply breathe in the scent of pine as you walk: this is the spirit of "Défis de l'Oust", and to be able to say at the end of the day: *"I did it!"* Starting from Redon on one of the stages of the Vélodyssée cycling route, head towards Ile-aux-Pies, 9 km away! On the programme: cycling, hiking, swimming, canoeing or tree-climbing for a day out in nature. There is something for every age.

FIND OUT MORE

bit.ly/Escapades-Ile-Aux-Pies

WHERE TO STAY?

La Ferme du Ménéhy in Saint-Vincent-sur-Oust
<https://fermemenehy.wordpress.com>



Seaside escape in Quiberon Bay From Plouharnel to Quiberon (19 km)

One of Brittany's gems is on coastal route 5: Quiberon Bay. Along your circuit, you will see turquoise water, fine sandy beaches and other striking landscapes. Starting from Plouharnel in Quiberon, set off on a 20-km bike ride to discover the dunes and the unspoiled coast. For a restful return, enjoy a charming little trip in the "Tire-Bouchon" small train that serves around ten stations between Auray and Quiberon. It circulates every weekend in June, and every day from the end of June to the end of August. If you are tempted by the experience, choose your return journey carefully because bikes are only admitted at certain times.

FIND OUT MORE

bit.ly/Francevelotourisme-Erdeven-Quiberon

WHERE TO STAY?

Sauvage Quiberon Campsite on the wild coast of Quiberon peninsula • www.sauvage-quiberon.com/en

A breath of fresh air on the green route of Mont Saint Michel bay

From Dol-de-Bretagne to Cancale (30km) +8km to Mont-St-Michel

The reputation of the beauty of this bay goes before it. Mont-Saint-Michel, its expanses of sand, its marshes, the Couesnon river, etc., are just some of the sights to see in this region. In addition, the green route that runs alongside the entire bay has just been finished. So there are no excuses for not cycling here! With its low elevation gain, this circuit is easily accessible for families with young children. Starting from 'Maison des Polders' in Roz-sur-Couesnon, and depending on the wind direction, head towards Mont-Saint-Michel or Cancale.

FIND OUT MORE

bit.ly/LaVélomaritime-LeVivier-sur-Mer-Mont-Saint-Michel

WHERE TO STAY?

Domaine des Haies B&B in Dol-de-Bretagne • www.domainedshaies.com



BRITTANY

CYCLING ROUTES AND GREEN WAYS

-  Green way (Path reserved to non-motorised traffic)
-  Shared cycling path on roads
-  EV1 La Véloodyssée
-  EV4 La Velomaritime
-  V42 Saint-Malo - Arzal
-  V45 Roscoff - Nantes
-  V3 Saint-Malo - Presqu'île de Rhuys
-  V6 Camaret - Vitré
-  V7 Roscoff - Concarneau
-  V8 Saint-Brieuc - Lorient
-  V9 Le Mont-Saint-Michel - Nantes (under development)

NATURAL PARKS AND HIKES

-  GR 34 - Sentier des douaniers (the old Customs Officers path)
-  Regional Natural Park

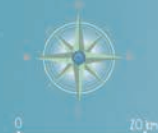
TRANSPORT

-  Airports
-  TGV TGV railway station (high speed trains)
-  TER BreizhGo railway station (regional trains)
-  BreizhGo coach station
-  Ferry link
-  Railway

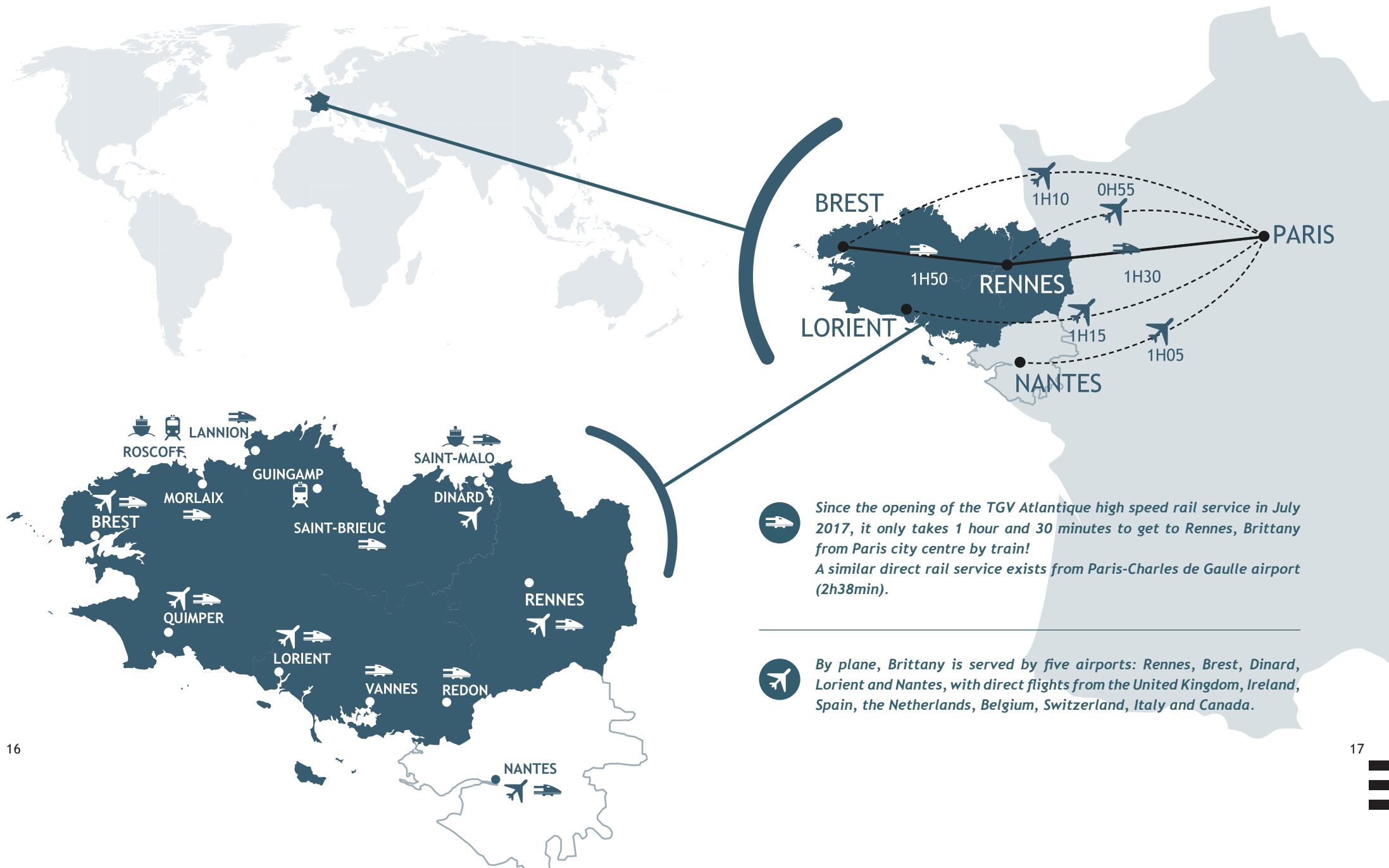
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Detailed maps are available on www.tourismebretagne.com/brochures

Map of tourist destinations



Getting to Brittany




Since the opening of the TGV Atlantique high speed rail service in July 2017, it only takes 1 hour and 30 minutes to get to Rennes, Brittany from Paris city centre by train!
A similar direct rail service exists from Paris-Charles de Gaulle airport (2h38min).



By plane, Brittany is served by five airports: Rennes, Brest, Dinard, Lorient and Nantes, with direct flights from the United Kingdom, Ireland, Spain, the Netherlands, Belgium, Switzerland, Italy and Canada.

Easy access by ferry, train or plane



By ferry

If you live in the UK or Ireland, simply hop on the ferry and a few hours' later you'll be in Brittany.

Our beautiful part of France boasts two ferry ports linking us to Portsmouth and Plymouth in the UK, and Cork in Ireland.

You can travel in the comfort of your own car and enjoy lots of space and fresh air once on board! If you're a cycling enthusiast, you can take your bike too.






By car

Situated in the far west of France, Brittany is easily accessible from the Channel ports or from elsewhere in France.

There are two main motorway routes that head towards Brittany and as soon as you reach the region, road transport is made up of a network of dual carriageways which are free to travel on.





By train


From London, visitors from the UK can get to the Gare du Nord in Paris in 2 hours 20 minutes by Eurostar.

Then, to continue their journey, Brittany has an excellent rail service from Paris aboard the TGV Atlantique high speed train.

FIND OUT MORE + www.eurostar.com | www.en.oui.sncf



By boat

From	To	Ferry operator	 Find out more
Cork	Roscoff	Brittany Ferries	+ www.brittanyferries.com
Portsmouth	St-Malo	Brittany Ferries	+ www.brittanyferries.com
Plymouth	Roscoff	Brittany Ferries	+ www.brittanyferries.com
Poole, Jersey, Guernsey	St-Malo	Condor Ferries	+ www.condorferries.co.uk



By plane

From	To	Airline	 Find out more
Birmingham	Nantes	Easyjet	+ www.easyjet.com
Bristol	Nantes	Easyjet	+ www.easyjet.com
Dublin	Nantes	Aer Lingus	+ www.aerlingus.com
	Nantes	Ryanair	+ www.ryanair.com
Edinburgh	Nantes	Ryanair	+ www.ryanair.com
London Gatwick	Rennes	Easyjet	+ www.easyjet.com
London Stansted	Nantes	Easyjet	+ www.easyjet.com
	Nantes	Ryanair	+ www.ryanair.com
Manchester	Nantes	Ryanair	+ www.ryanair.com

Document published by Brittany Tourism • 2024

COVER: Ile de Molène

Photo credits

Front cover: Nicolas Dequin ; p3: xx • p4: xx

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